

Facial Treatment

Pre & Post Treatment Instructions

The following is a guideline, if you have any queries, please contact us.

Pre-Treatment Care

- Waxing, electrolysis and laser should be avoided at least 24 hours before treatment.
- Inform your practitioner for any medication or topical creams you are using.
- Products containing Retin-A, or glycolic acid should be avoided 3-5 days prior to treatment
- To minimize the risk of hyperpigmentation, or sunspots on the treated area, please avoid extended sun exposure 1 week before the treatment.

Post-Treatment Care

- Immediately after the treatment there may be slight redness and swelling because of extraction.
- Do not expose your skin to excessive ultraviolet radiation- do not use a sunbed, do not sunbathe and protect your skin from the sun by wearing a hat when the sun is strong overhead. Use the SPF provided every day.
- Increase your fluid intake for the next 1-2 days. This will keep the skin hydrated.
- You may be advised to follow a prescribed skin care programme to achieve the optimum results.
- Follow the course of treatment interval tailor made for you.

Nurse Support Line to be used during out of office hours in case of Emergency:
0528 928 353